



Celebrate

Earth Day

April 22nd


History of Earth Day

Gaylord Nelson, a Wisconsin senator, and Denis Hayes, a Harvard student, organized the first earth day on April 22, 1970. In 1990, Hayes organized a global Earth Day, which had more than 200 million participants in more than 140 countries. The first Earth Day was an event focused for college students, therefore, they picked April 22 since it did not interfere with holidays, final exams, or spring break.¹

Ways to Celebrate

- Clean up garbage in local parks
- Switch to non-toxic cleaning products
- Plant a tree
- Conserve water²
- Walk or bike to work
- Go on a nature walk
- Make a bird feeder
- Visit a local farmer's market
- Attend a local Earth Day event
- Use reusable bags
- Switch to paperless billing
- Use refillable water bottles
- Plant a garden
- Start a compost bin³
- Purchase a state/national park pass
- Pack a picnic⁴

Earth Day



I am the Earth
And the Earth is me.
Each blade of grass,
Each honey tree,
Each bit of mud,
And stick and stone
Is blood and muscle,
Skin and bone.

And just as I
Need every bit
Of me to make
My body fit,
So Earth needs
Grass and stone and tree
And things that grow here
Naturally.

That's why we
Celebrate this day.
That's why across
The world we say:
As long as life,
As dear, as free,
I am the Earth
And the Earth is me.

— Jane Yolen

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1. <https://education.nationalgeographic.org/resource/earth-day>
2. <https://www.almanac.com/content/earth-day-date-activities-history>
3. <https://www.wikihow.com/Celebrate-Earth-Day>
4. <https://www.outwardbound.org/blog/20-practical-ways-to-celebrate-earth-day-every-day/>