



Summary of Blue Choice PPO Benefits – January 2024

Benefit	IN Network	Out-of-Network
General Provisions		
Benefit Period⁽¹⁾	Calendar Year	
Deductible (Embedded)		
Individual	\$200 (DME, Prosthetics, & Hearing Aids Only)	\$200
Family	\$400 (DME, Prosthetics, & Hearing Aids Only)	\$400
Plan Pays – payment based on the plan allowance	80% after deductible (For DME, Prosthetics, & Hearing Aids Only)	80% covered after deductible
Coinsurance Maximum (Embedded) (per benefit period)		
Individual	\$2,000 (DME, Prosthetics, & Hearing Aids Only)	\$2,000
Family	\$4,000 (DME, Prosthetics, & Hearing Aids Only)	\$4,000
Total Maximum Out of Pocket⁽²⁾ (Embedded) (Medical In-Network deductible, coinsurance, and copays). Once met, plan pays 100% of covered services for the rest of the calendar year.		
Individual	\$9,450	N/A
Family	\$18,900	N/A
Office/Clinic/Urgent Care Visits		
Primary Care Provider Office Visits	100% after \$25 copayment; deductible does not apply	80% covered after deductible
Specialist Office Visits	100% after \$35 copayment; deductible does not apply	80% covered after deductible
Urgent Care Center Visits	100% after \$25 copayment; deductible does not apply	80% covered after deductible
Preventive Care⁽³⁾		
Routine Adult⁽³⁾		
Physical exams	100%; deductible does not apply	Not Covered
Adult immunizations	100%; deductible does not apply	Not Covered
Colorectal cancer screening	100%; deductible does not apply	Not Covered
Routine gynecological exams, including a Pap Test	100%; deductible does not apply	Not Covered (except PAP @ 100%)
Routine Mammogram	100%; deductible does not apply	Not Covered
Prostate Specific Antigen Test	100%; deductible does not apply	
Routine Pediatric		
Physical exams	100%; deductible does not apply	Not Covered
Pediatric immunizations	100%; deductible does not apply	Not Covered
Vision		
Adult: Routine Vision Exam	100% covered; deductible does not apply One routine eye exam every 24 months	Not Covered
Pediatric Vision: Routine Vision Exam	100% covered; deductible does not apply One routine eye exam every 12 months	Not Covered
Hospital and Medical/Surgical Expenses (including Maternity)		
Hospital Inpatient	100%; deductible does not apply	80% covered after deductible
Hospital Outpatient	100% Covered	80% covered after deductible
Maternity (non-preventive facility & professional services)	100%; deductible does not apply	80% covered after deductible
Medical/Surgical (except office visits)	100%; deductible does not apply	80% covered after deductible
Ambulatory Surgery	100%; deductible does not apply	80% covered after deductible
Emergency Services		
Emergency Room Services	100% after \$100 copayment per visit (waived if admitted)	
Ambulance	100%; deductible does not apply INN and OON	

Benefit	IN Network	Out-of-Network
Outpatient Therapy Rehabilitation Services		
Physical and Occupational Therapy	100%; deductible does not apply	80% covered after deductible
Speech Therapy	100%; deductible does not apply	80% covered after deductible
Chiropractic	100% deductible does not apply	80% covered after deductible
	Limit: 30 visits/benefit period	
Cardiac Rehab	100%; deductible does not apply	80% covered after deductible
Chemotherapy and Radiation Therapy	100%; deductible does not apply	80% covered after deductible
Mental Health/Substance Abuse		
Inpatient	100%; deductible does not apply	80% covered after deductible
Inpatient Detoxification/Rehabilitation	100%; deductible does not apply	80% covered after deductible
Outpatient	100%; deductible does not apply	80% covered after deductible
Other Services		
Diagnostic Services		
Advanced Imaging (MRI, CAT, PET scan, etc.)	100%; deductible does not apply	80% covered after deductible
Standard Imaging (X-Rays, including diagnostic mammograms)	100%; deductible does not apply	80% covered after deductible
Laboratory	100%; deductible does not apply	80% covered after deductible
Durable Medical Equipment, Prosthetics & Hearing Aids (1 hearing aid per impaired ear every 36 months)	80% covered after deductible	80% covered after deductible
Home Health Care	100%; deductible does not apply	100% Covered deductible does not apply
	Limit: 240 visits/calendar year	
Hospice	100%; deductible does not apply	100% Covered deductible does not apply
Private Duty Nursing	100%; deductible does not apply	80% covered after deductible
	Limit: 240 hours/12-month period - Inpatient Only	
Skilled Nursing Facility Care	100%; deductible does not apply	100% Covered deductible does not apply
	Limit: 120 days/calendar year	
Infertility Services (Counseling, Testing and Treatment)	Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Assisted Fertilization Procedure Lifetime Max; Combined In and Out of Network	Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Assisted Fertilization Procedure Lifetime Max and Combined In and Out of Network
Assisted Fertilization Procedures	Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Infertility Services Lifetime Max; Combined In and Out Of Network	Covered at applicable service's benefit; up to a \$40,000 Lifetime Maximum; combined with Infertility Services Lifetime Max; Combined In and Out of Network
Prescription Drugs	Generic Drugs \$8 copay Preferred Brand Drugs \$30 copay Non-Preferred Brand Drugs \$50 copay	Not Covered
Administered by ESI Direct not Highmark Delaware Information available at www.express-scripts.com	\$20,000 Lifetime Maximum for Infertility Drugs	

- (1) Your group's benefit period is based on a Calendar Year. The Calendar Year is a consecutive 12-month period beginning on January 1st.
- (2) The Network Total Maximum Out-of-Pocket (TMOOP) is mandated by the federal government. TMOOP must include deductible, coinsurance, copays, prescription drug cost share and any qualified medical expense. If you are enrolled in a "Family plan", with your embedded deductible, only one eligible family member must satisfy his/her individual deductible before claims reimbursement begins. In addition, with your embedded out-of-pocket limit, once an individual family member's out-of-pocket limit is satisfied, additional claims reimbursement begins for that person. Finally, with your embedded TMOOP, once any eligible family member satisfies his/her individual TMOOP, claims will pay at 100% of the plan allowance for covered expenses, for the rest of the plan year.
- (3) Services are limited to those listed on the Highmark Delaware Preventive Schedule.
- (4) Highmark Medical Management & Policy (MM&P) must be contacted prior to a planned inpatient admission or within 48 hours of an emergency or maternity-related inpatient admission. Be sure to verify that your provider is contacting MM&P for precertification. If this

This is not intended as a contract of benefits. It is designed purely as a reference of the many benefits available under your program.

does not occur and it is later determined that all or part of the inpatient stay was not medically necessary or appropriate, you will be responsible for payment of any costs not covered.

This is not a contract. This benefits summary presents plan highlights only. Contract limitations and exclusions apply. Please refer to your benefits booklet (or contact your marketing representative to request a copy) for complete information.

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