



Benefit for your back and joint health at no additional cost

We provide all the tools you need to get moving again from the comfort of your home. You'll get exercise therapy tailored to your condition and a personal care team of experts.

Best of all, **it's at no additional cost to you** — 100% covered by New Castle County.

Sign up today for help with any of the following:

- Conquer pain or limited movement
- Recover from a recent or past injury
- Keep joints healthy and pain free





Scan the QR code to learn more or apply at hinge.health/newcastlecounty or call (855) 902-2777

Employees and dependents 18+ enrolled in an Aetna® medical plan through New Castle County are eligible.

Aetna has partnered with Hinge Health to provide services that are included in the Aetna Back and Joint Care Program. This program does not replace formal physical therapy in office prior to surgery. Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).