Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.

Dental Insurance[1]

- Find a dentist
- Plan based cost estimator for dental procedures
- View your Plan Summary
- View your claims

- Book an appointment
- Provider reviews and ratings
- Provider reviews and ratings
- Track your brushing and flossing
- View and save ID card

It is easy to get the MetLife US Mobile app

Search "MetLife" in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.