



Immunization/Vaccination Awareness



Help prevent and save lives every year by updating your immunizations/vaccinations this year! Today, vaccinations have prevented more than 20 life-threatening diseases, and immunizations currently prevent up to 5 million deaths every year.

AGE-APPROPRIATE IMMUNIZATIONS/VACCINES

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| <input type="checkbox"/> Seasonal Flu (Influenza) Vaccine
1 dose any influenza vaccine appropriate for age and health status annually. For the updated season, please visit cdc.gov/mmwr/volumes/72/rr/rr7202a1.htm . | <input type="checkbox"/> Covid-19 Vaccine
Current vaccine information available at www.cdc.gov/covidschedule . |
| <input type="checkbox"/> Meningococcal Vaccine
Protect against meningococcal disease, an illness caused by the bacteria <i>Neisseria meningitides</i> . For more details/understanding of the causes/risks factors, please visit Meningitis: Causes and Risk Factors (verywellhealth.com) . | <input type="checkbox"/> Human Papillomavirus Vaccine
The vaccine is recommended for people through age 26 years who have not been adequately vaccinated younger. Adults 27-45 may also be vaccinated based on a shared decision with their doctor. |
| <input type="checkbox"/> Shingles Vaccine
The vaccine is given to adults 50 and older who are at a high risk of shingles. For more information, please visit How Shingles Is Treated (verywellhealth.com) . | <input type="checkbox"/> Cholera Vaccine
The vaccine is used for people traveling to (or living in) tropical areas where the disease is widespread. It is rare in the U.S and American's are not routinely vaccinated. |

POP UP ACTIVITES

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| <input type="checkbox"/> Visit your Primary Care Physician
Take the time to have a discussion with your primary care doctor on what you need updated or need for the season. | <input type="checkbox"/> Receive Seasonal Immunization/Vaccination
Take time this month to get the updated vaccination/immunization if needed. |
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Resources

- [Adult Immunization Schedule by Age | CDC](#)
- [Adult Immunization Schedule, By Medical Indications | CDC](#)
- [Adult Immunization Schedule Notes | CDC](#)
- [Top 20 Vaccines You Should Know About \(verywellhealth.com\)](#)

