



New Castle County continues to partner with HealthCheck360 to implement your Wellness Program. HealthCheck360 is devoted to improving your health and overall well-being by providing you with tools, motivation, and support to assist you in your journey to a healthier you.

Wellness Rewards

In addition to gaining powerful and personalized information about your health and well-being, those on the PPO health plan, are eligible to earn an incentive.

1. Complete a Biometric Screening by **9/30/24**
2. Take the short and easy lifestyle survey on your [myHealthCheck360](#) account by **9/30/24**
3. Earn **700** points by completing healthy activities by **9/30/24**

Benefits of Participating

By participating in the Wellness Program you gain:

- **Independence:** You have the option to get more or less involved depending on your interests. The wellness program is customizable to your needs.
- **Confidentiality:** Everything is confidential; your personal results will not be shared with anyone at New Castle County.
- **Convenience:** Quick and easy wellness screening measures your health, where it fits in to your schedule.
- **Health Portal Access:** Online or through a mobile app for you to track your activity and nutrition.
- **And more:** One-on-one support from trained health professionals, company challenges to compete with your co-workers, and monthly webinars, just to name a few.
- If this is your first myHealthCheck360 experience, go to [myHealthCheck360](#) or download the [myHealthCheck360 mobile app](#), select 'Create a new account', and enter **NEWCC** for your *Company Code*.



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