## Wealth, Prosperity, Peace, and Fertility

Halloween is a festive occasion rooted in ancient traditions. Originally stemming from the Celtic festival of Samhain, it marked the end of the harvest season and the beginning of winter, a time when it was believed that the boundary between the living and the dead was blurred. Today, Halloween is known for its playful and spooky atmosphere, with activities like trick-or-treating, costume parties, carving pumpkins into jack-o'-lanterns, and visiting haunted attractions. It's a time for people of all ages to embrace their creativity and enjoy a bit of frightful fun!

## Haunted Safety Tips

- Use reflective tape on costumes and bags
- Carry a flashlight or glow sticks
- Avoid masks that obstruct vision
- Stay in well-lit areas
- Only visit homes with porch lights on
- Keep electronic devices down while walking
- Make sure costumes fit properly to avoid tripping

## Pumpkin Spice & Everything Nice

- Go apple picking at a local orchard
- Have a cozy movie night with fall-themed films
- Bake homemade pies or other fall treats
- Take a scenic drive to enjoy the fall foliage
- Host a bonfire and make s'mores
- Create a fall-themed craft or DIY project
- Visit a haunted house or go on a ghost tour
- Attend a football game or watch one at home

## Pumpkin, The Fruit

- Packed with vitamins, minerals, and antioxidants
- Last around 3 months if kept in a cool, dry space
- The seeds, also known as pepitas, are a healthy snack
- The flowers are edible and can be used in various dishes
- Pumpkin puree can be used in soups, pies, and even smoothies





