REVIVE & THRIVE | IN PARTNERSHIP WITH RULA

revive

How to schedule a virtual mental health session.

Taking care of your mental health should be simple. Revive & Thrive has introduced **self-scheduling for virtual mental health appointments**, putting you in control of your care on your own time. It's as easy as 1, 2, 3.

1. **Log in via the app or desktop.**
2. **Click Access Support on the homepage.**
3. **Under Find a Provider, click Schedule a Session to book your appointment.**

Already enrolled? Log in and get started.

Visit member.myrevive.health or open the Revive & Thrive app.
Meet with a licensed mental health provider **on your schedule.**

Not enrolled yet? It only takes a few minutes.

Scan the QR code to create your account.
Use your organization's Enrollment Code to complete your enrollment.







Prefer to talk to someone right now? We're Always Here When You Need Us.

Our Care Coordinators are available 24/7 for confidential, in-the-moment support and can help you schedule a session with a counselor. Call **800-327-2251**.

2026 © Revive Health, Inc