REVIVE & THRIVE | SUMMARY OF SERVICES

Here for you when life gets challenging.

Free, confidential support for you and your household members — for whatever life brings, whenever you need it.

FREE* • AVAILABLE 24/7 • 100% CONFIDENTIAL

Counseling

- 5 coaching or counseling sessions per issue per year
- 24/7 clinician support
- Care coordination & self-scheduling

Work-life referrals

- Legal and financial consultation
- Childcare & eldercare referrals
- Convenience referrals

Digital tools

- Well-being content & assessments
- Coaching courses
- AI personal assistant
- Calming spaces

Reasons to reach out

- Anxiety or depression
- Work stress or burnout
- Grief and loss
- Relationship challenges
- Life changes or major events
- Substance use concerns
- Crisis support
- Work-life balance

In crisis or just need someone to talk to now? We're here 24/7 – call anytime.

HOW TO ACCESS SUPPORT

Call **800-327-2251**

Visit the Member Portal

- Self-schedule virtual counseling
- Live chat with a clinician
- Service request forms

HOW TO ACCESS SUPPORT

Set up your account in minutes with your organization's enrollment code. Scan or click the QR code to get started.

Code: NCC

Log in: member.myrevive.health

* If a referral for long-term treatment is needed, costs may apply and are often covered by your health insurance plan.

revive

Always affordable. Always available. Always awesome.

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